

# The Western Journal of Medicine®

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**"Instructions for Authors"**—A complete guide to manuscript submission and WJM style appears in most issues. Manuscripts may be prepared in accordance with the "Uniform Requirements for Manuscripts Submitted to Biomedical Journals."

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# Continuing Medical Education

ARIZONA • CALIFORNIA, HAWAII, NEVADA • COLORADO • IDAHO • NEW MEXICO • UTAH • WASHINGTON • WYOMING

## ARIZONA

The following list of continuing medical education programs in Arizona is compiled by the Arizona Medical Association. All courses listed have been certified as meeting the criteria for Category I of the ArMA CME Certificate and the AMA Physicians Recognition Award. To list Category I continuing medical education programs, please send information to Arizona Medical Association, 810 West Bethany Home Road, Phoenix, AZ 85013; or phone (602) 246-8901.

Brochures and registration forms are available from the contact person or organization sponsoring the program.

May 4—**ENT for Primary Care Physicians.** Mayo Clinic-Scottsdale, Ashton B. Taylor Auditorium, Scottsdale. Sat. Contact: Trish Ghan, Mayo Clinic-Scottsdale.

May 4—**Cardiovascular Diagnosis and Treatment: Update 1996.** Arizona Heart Institute at the Phoenician Resort, Scottsdale. Sat. Contact: Cindy Urbaytis, (602) 266-2200, ext 4403.

May 4-5—**Arizona Society of Pathologists Spring Meeting.** University of Arizona College of Medicine at the Hotel Park, Tucson. Sat-Sun. Contact: Patrice Hand, ArMA.

May 6-10—**Neuroradiology: Review and Update.** University of Arizona College of Medicine at the Biltmore Advanced Imaging Center, Phoenix. Mon-Fri. Contact: (800) 848-4920, ext 2575.

May 9-10—**Vascular Access for Hemodialysis V, Ultrasonography Assessment, OST Consideration, Stents, Graphs Lysis.** Ohio State University Medical Center at the Westin La Paloma, Tucson. Thurs-Fri. Contact: (708) 550-0090.

May 18-19—**Arizona Ophthalmological Society Annual Meeting.** Desert Samaritan Medical Center at the Embassy Suites Resort, Scottsdale. Sat-Sun. Contact: Patrice Hand, ArMA.

August 5-10—**1996 Comprehensive Internal Medicine Board Preparation Course.** Marriott's Camelback Inn, Scottsdale. Mon-Sat. Contact: Beverlee Anderson, (602) 267-5366.

October 7-10—**Visiting Fellowships in MRI.** University of Arizona College of Medicine at the Biltmore Advanced Imaging Center, Phoenix. Mon-Thurs. Contact: (800) 848-4920, ext 2575.

October 14-18—**Neuroradiology: Review and Update.** University of Arizona College of Medicine at the Biltmore Advanced Imaging Center, Phoenix. Mon-Fri. Contact: (800) 848-4920, ext 2575.

### CONTACT INFORMATION

ArMA—Contact: Arizona Medical Association, 810 W Bethany Home Rd, Phoenix, AZ 85013. (602) 246-8901.

Mayo Clinic-Scottsdale—Contact: Postgraduate Courses, Mayo Clinic-Scottsdale, (602) 301-7447.

U of A—Contact: University of Arizona College of Medicine, Arizona Health Sciences Center, Tucson, AZ 85724. (520) 626-7832; (800) 328-5868.

## CALIFORNIA, HAWAII, AND NEVADA

This listing of continuing education programs in California, Hawaii, and Nevada is supplied by the Committee on Continuing Medical Education of the California Medical

Association. All courses and meetings listed have been approved for Category I credit toward the CMA Certificate in Continuing Medical Education. To have accredited courses listed here, please send information at least two months in advance to Paulette Richardson, Continuing Medical Education, California Medical Association, PO Box 7690, San Francisco 94120-7690; or phone (415) 882-3387. For more information on accreditation or certification, please write to the above address.

## ANESTHESIOLOGY

May 19-24—**UCSD Anesthesiology Review Course.** UCSD at San Diego Princess Resort. Sun-Fri. 37.5 hrs. \$600. Contact: Carol Heil, (619) 543-5202.

## CARDIOLOGY

June 1—**2nd Annual UCSD Heart Failure Symposium.** UCSD at Sheraton Grande Torrey Pines. Sat. 6.5 hrs. \$40. Contact: UCSD, Barry Greenberg, (610) 543-7751.

June 5-8—**Advanced Echocardiography and Doppler Ultrasound 1996.** American College of Cardiology at Hyatt Islandia, San Diego. Wed-Sat. 23.5 hrs. Contact: ACC, Registration Secretary, Extramural Programs Dept, Georgetown Rd, Bethesda, MD 20814-1699. (800) 257-4739.

June 28-30—**Arrhythmias: Interpretation, Diagnosis and Management.** Medical Education Resources at Hyatt Fisherman's Wharf, San Francisco. Fri-Sun. 11 hrs. Contact: Linda Main, Meetings Coordinator, Medical Education Resources, 1500 W Canal Court, Ste 500, Littleton, CO 80120-4569. (800) 421-3756.

November 22-24—**Coronary Heart Disease Update.** Medical Education Resources at Disneyland Hotel, Anaheim. Fri-Sun. 11 hrs. Contact: Linda Main, Meetings Coordinator, Medical Education Resources, 1500 W Canal Court, Ste 500, Littleton, CO 80120-4569. (800) 421-3756.

## DERMATOLOGY

June 7-9—**3rd Annual Course on Lasers in Cutaneous and Cosmetic Surgery.** UCSF at UCSF. Fri-Sun. Contact: UCSF.

October 12-13—**The Skin From A To Z: Tips on Practical and Office Techniques.** UCSF at UCSF. Sat-Sun. Contact: UCSF.

October 17-20—**Minimally Invasive Techniques for Facial Rejuvenation.** UCSF at Embarcadero Hyatt Regency Hotel, San Francisco. Thurs-Sun. Contact: UCSF.

November 2-3—**The Skin From A to Z: Tips on Practical Therapy and Office Techniques.** UCSD at San Francisco. Sat-Sun. Contact: UCSD.

## EMERGENCY MEDICINE

May 13-17—**Emergency Medicine Symposium I.** UCSD at San Diego Hilton. Mon-Fri. 17 hrs. \$475. Contact: UCSD.

May 14-15—**7th Annual High Risk Emergency Medicine.** American College of Emergency Physicians at Hyatt at Fisherman's Wharf, San Francisco. Tues-Wed. 15 hrs. \$299-\$499. Contact: Alpen Meeting Service, (800) 451-RISK.

May 31-June 6—**Trauma/Critical Care.** USC at Ritz-Carlton Huntington Hotel, Pasadena. Fri-Sat. 18 hrs. \$250. Contact: USC.

June 17-21—**Emergency Medicine Symposium III.** UCSD at San Diego Hilton Beach and Tennis Resort. Mon-Fri. 32 hrs. \$495. Contact: UCSD.

June 20—**Cost Effective Emergency Medicine.** American College of Emergency Physicians at The Mirage, Las Vegas. Thurs. 8 hrs. \$199-\$249. Contact: Alpen Meeting Services, (800) 451-RISK.

October 18-20—**The Comprehensive Review in Emergency Medicine and Urgent Care.** Continuing Medical Education Associates at Hyatt Regency La Jolla, San Diego. 20 hrs. \$495. Contact: Jacqueline Shiller, PO Box 270469, San Diego 92198. (619) 674-5200.

## CONTINUING MEDICAL EDUCATION

October 21-25—**Emergency Medicine Symposium I.** UCSD at San Diego. Mon-Fri. 32 hrs. \$495. Contact: UCSD.

November 11-15—**Emergency Medicine Symposium III.** UCSD at San Diego Hilton Beach and Tennis Resort. Mon-Fri. 32 hrs. \$495. Contact: UCSD.

## ENDOCRINOLOGY/METABOLISM

June 7-11—**Molecular Steriogenesis.** UCSF at Monterey. Fri-Tues. \$300. Contact: UCSF.

## EPIDEMIOLOGY/INFECTIOUS DISEASE

May 1-3—**17th Annual Advances in Infectious Diseases.** UCSF at Sheraton Palace Hotel, San Francisco. Wed-Fri. 17.5 hrs. \$410. Contact: UCSF.

## FAMILY PRACTICE/PRIMARY CARE

May 15-18—**Wound Management Workshop: For Primary Care Professionals.** UCSD at San Diego Hilton Beach and Tennis Resort. Wed-Sat. 17 hrs. \$475. Contact: UCSD, Edith Bookstein, (619) 454-3212.

May 17-21—**Essentials in Primary Care.** Continuing Medical Education Associates at Grand Hyatt on Union Square, San Francisco. Thurs-Sun. 20 hrs. \$495. Contact: CMEA, Jacqueline Shiller, PO Box 84296, San Diego 92138. (619) 223-2997.

June 7-9—**9th Annual Medical Office Laboratory Conference.** San Diego State University Health Services at Red Lion Hotel, San Diego. Fri-Sun. 23 hrs. \$475. Contact: Nancy Geiser, College of Extended Studies, (619) 594-6255.

June 10-12—**2nd Annual Sports and Occupational Medicine in Primary Care: From Prevention to Treatment Conference.** San Diego State University Health Services at Red Lion Hotel, San Diego. Mon-Wed. 20 hrs. \$475. Contact: Nancy Geiser, College of Extended Studies, (619) 594-6255.

June 28-30—**San Diego Academy of Family Physicians' 40th Annual Postgraduate Symposium—Family Medicine Update: 1996.** San Diego Academy of Family Physicians at Hotel del Coronado, San Diego. Fri-Sun. 18 hrs. \$225-\$300. Contact: Terry Camarata, (619) 422-1186.

August 2-4—**Managing Respiratory Diseases.** Medical Education Resources at Tenaya Lodge, Yosemite. Fri-Sun. 11 hrs. \$375. Contact: Linda Main, Meetings Coordinator, Medical Education Resources, 1500 W Canal Court, Ste 500, Littleton, CO 80120-4569. (800) 421-3756.

August 2-4—**Cardiology for the Primary Care Physician.** Continuing Medical Education Associates at Hotel del Coronado, San Diego. Fri-Sun. 20 hrs. \$450. Contact: Jacqueline Shiller, PO Box 270469, San Diego 92198. (619) 674-5200.

August 5-7—**Dermatology for the Non-Dermatologist.** Continuing Medical Education Associates at Hotel del Coronado, San Diego. Mon-Wed. 20 hrs. \$450. Contact: Jacqueline Shiller, PO Box 270469, San Diego 92198. (619) 674-5200.

August 9-11—**Neurology for the Non-Neurologist.** Medical Education Resources at Doubletree Hotel, Monterey. Fri-Mon. 11 hrs. \$375. Contact: Linda Main, Meetings Coordinator, Medical Education Resources, 1500 W Canal Court, Ste 500, Littleton, CO 80120-4569. (800) 421-3756.

October 9-12—**Semiannual Wound Management Workshop: For Primary Care Professionals.** UCSD at San Diego Hilton Beach and Tennis Resort. Wed-Sat. 17 hrs. \$475. Contact: UCSD, Edith Bookstein, (619) 454-3212.

October 21-23—**Neurology and Outpatient Psychiatry in Primary Care.** Continuing Medical Education Associates at Hyatt Regency, San Diego. 20 hrs. \$450. Contact: Jacqueline Shiller, PO Box 270469, San Diego 92198. (619) 674-5200.

## INFECTIOUS DISEASE

May 17—**The HIV Challenge: Current Trends & Issues in Management.** UCSD at Olympic Resort Hotel, Carlsbad. Fri. 8 hrs. \$75. Contact: Bill Donnelly, (619) 294-3767.

October 26-November 2—**National Infectious Disease Update Conference.** Santa Rosa Kaiser Permanente Medical Center on The Sun Princess Cruise, Western Caribbean. Sat-Fri. 7 hrs. \$50-\$100. Contact: Infectious Disease Update/SRO, Kaiser Permanente Medical Center, 401 Bicentennial Way, Santa Rosa, CA 95403-2192.

## INTERNAL MEDICINE

May 9-10—**Practical Aspects of Caring for Alzheimer's Disease Victims.** UCSD at Hilton Beach and Tennis Resort, San Diego. Thurs-Fri. 13 hrs. \$326. Contact: UCSD.

September 27-October 2—**Internal Medicine 1996—Fall Program.** Continuing Medical Education Associates at Loews Coronado Bay Resort, San Diego. Fri-Wed. \$450. Contact: Jacqueline Shiller, PO Box 270469, San Diego 92198. (619) 674-5200.

## NEPHROLOGY

August 2-8—**12th Comprehensive Nephrology Review Course.** UCLA at Miramar Sheraton Hotel, Santa Monica. Fri-Thurs. 50 hrs. \$800. Contact: UCLA.

## OPHTHALMOLOGY

May 11—**Pearls of Ocular Therapy.** Scripps Clinic and Research Foundation at Scripps Clinic and Research Foundation, La Jolla. Sat. 7 hrs. Contact: Dept of Academic Affairs, 403C, Scripps Clinic and Research Foundation, 10666 N Torrey Pines Rd, La Jolla 92037. (619) 554-8556.

## OTOLARYNGOLOGY

May 23-25—**Vestibular Adaptation.** UCLA at Miramar Sheraton Hotel, Santa Monica. Thurs-Sat. 17 hrs. \$400. Contact: UCLA.

June 22-28—**1995-1996 Skull Base Surgical Dissection Course.** House Ear Institute at Los Angeles. Sat-Fri. 65 hrs. \$2,500 for two physicians. Contact: House Ear Institute, Antonio De la Cruz, MD, 2100 W Third St, Los Angeles 90057.

June 29-July 4—**Second International Skull Base Congress and the Seventh Annual Meeting of the North American Skull Base Society at Los Angeles.** Sat-Thurs. Contact: Congress Secretary, Ruth B. Crair, House Ear Institute, 2100 W Third St, 5th Floor, Los Angeles 90057.

July 5-7—**Current Concepts in Allergy and Otolaryngology.** Children's Hospital at Le Meridien Hotel, Coronado. Fri-Sun. 14.5 hrs. Contact: Children's Hospital, Continuing Medical Education Office, 3020 Children's Way (5021), San Diego 92123. (619) 576-4072.

October 17-20—**Minimally Invasive Techniques for Facial Rejuvenation.** UCSF at Embarcadero Hyatt Regency Hotel, San Francisco. Thurs-Sun. Contact: UCSF.

November 7-9—**The University of California: Otolaryngology Update 1996.** UCSF at Ritz-Carlton Hotel, San Francisco. Thurs-Sat. Contact: UCSF.

## PATHOLOGY

May 23-25—**Current Issues in Anatomic Pathology.** UCSF at San Francisco. Thurs-Sat. Contact: UCSF.

## KEY TO ABBREVIATIONS

- DREW: Charles R. Drew Postgraduate Medical School, Office of Continuing Medical Education, (213) 563-4800.
- LLU: Loma Linda University, Continuing Medical Education Programs, (909) 824-4963.
- STAN: Stanford University, Postgraduate Education, (415) 723-5594.
- UCD: University of California, Davis, Office of Continuing Medical Education, (916) 734-5390.
- UCI: University of California, Irvine, Memorial/UCI Center for Health Education, (714) 824-5926.
- UCLA: University of California, Los Angeles, Continuing Education in Medicine and Health Sciences, (310) 794-2620.
- UCSD: University of California, San Diego, Office of Continuing Medical Education, (619) 534-3940.
- UCSF: University of California, San Francisco, Extended Programs in Medical Education, (415) 476-4251.
- USC: University of Southern California, Postgraduate Division, (800) USC-1119.

## CONTINUING MEDICAL EDUCATION

## PEDIATRICS

- May 16-18—**29th Annual Advances and Controversies in Clinical Pediatrics.** UCSF at Ritz-Carlton Hotel, San Francisco. Thurs-Sat. 16 hrs. \$350. Contact: UCSF.
- May 17-19—**1996 Conference on Pediatric Critical Care Transport.** AAP at Doubletree Hotel, San Diego. Fri-Sun. 18 hrs. \$380. Contact: CME Registration, AAP, 141 Northwest Point Blvd, PO Box 927, Elk Grove Village, IL 60009-0927.
- July 11-13—**Adolescent Medicine: A Practical Course for Clinicians.** UCSD at Hilton Beach and Tennis Resort, San Diego. Thurs-Sat. 15 hrs. \$350. Contact: UCSD.
- July 19-20—**Fourth Annual Pediatric Update.** Stanford University at Lucile Packard Children's Hospital, Palo Alto. Fri-Sat. 14.5 hrs. \$275-\$300. Contact: Elinor Meyer, CME Coordinator, Lucile Packard Children's Hospital, 725 Welch Road, Palo Alto 94394. (415) 497-8554.

## PLASTIC SURGERY

- June 7-9—**The 3rd Annual Course on Lasers in Cutaneous and Cosmetic Surgery.** UCSF at UCSF. Fri-Sun. Contact: UCSF.
- October 17-20—**Minimally Invasive Techniques for Facial Rejuvenation.** UCSF at Embarcadero Hyatt Regency Hotel, San Francisco. Thurs-Sun. Contact: UCSF.

## PSYCHIATRY AND NEUROLOGY

- May 22-24—**3rd Annual Sexual Assault Response Team (SART) Training.** UCD at Red Lion Hotel, Sacramento. Wed-Fri. 19 hrs. \$160. Contact: UCD.
- June 7-9—**NCGPS Annual Conference.** Northern California Group Psychotherapy Society at Asilomar Conference Center, Pacific Grove. Fri-Sun. Contact: NCGPS, (415) 442-1976.
- June 15—**Current Medical Management of Epilepsy.** Scripps Clinic and Research Foundation at La Jolla. Sat. \$75. Contact: Dept of Academic Affairs, Box 403C, Scripps Clinic and Research Foundation, 10666 N Torrey Pines Rd, La Jolla 92037. (619) 554-8556.
- November 8-10—**The 42nd Annual Group Therapy Symposium.** UCSF at Mark Hopkins Hotel, San Francisco. Fri-Sun. Contact: UCSF.
- November 2-3—**Neurology Update.** UCSD at Hotel Del Coronado, Coronado. Sat-Sun. 12 hrs. \$350. Contact: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925. (770) 641-9773.

## RADIOLOGY

- July 20-25—**Advanced Imaging of the Spine.** UCSD at Hotel del Coronado, Coronado. Sat-Thurs. 22.5 hrs. \$550. Contact: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925. (770) 641-9773.
- August 15-18—**Minimally Invasive Therapy of the Brain.** UCSD at Ritz-Carlton Hotel, Marina del Rey. Thurs-Sun. 20 hrs. \$495. Contact: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925. (770) 641-9773.
- October 26-27—**16th Annual Comprehensive Review of Vascular & Interventional Radiology.** UCSD at Hotel del Coronado, Coronado. Sat-Sun. 14 hrs. \$375. Contact: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925. (770) 641-9773.
- October 28-November 1—**21st Annual San Diego Postgraduate Radiology Course.** UCSD at Hotel del Coronado, Coronado. Mon-Fri. 27 hrs. \$575. Contact: Ryals & Associates, Inc, PO Box 1925, Roswell, GA 30077-1925. (770) 641-9773.

## SURGERY

- June 26-29—**13th Annual San Diego Shoulder Arthroscopy Meeting.** Tri City Medical Center at Hyatt Regency, La Jolla. Wed-Sat. 24 hrs. \$1,375. Contact: Rebecca Quiring, San Diego Shoulder Arthroscopy, 3905 Waring Rd, Oceanside 92056. (619) 940-2066.
- July 8-13—**13th Superficial Anatomy and Cutaneous Surgery.** UCSD at San Diego. Mon-Sat. 36 hrs. \$1,395. Contact: UCSD.

## GENERAL/MULTIDISCIPLINARY

- May 15-17—**New Era of Cardiopulmonary Resuscitation.** USC at Wyndham Hotel, Palm Springs. Wed-Fri. 17 hrs. \$345. Contact: USC.
- May 31-June 2—**38th Annual Scientific Meeting of the American Association for the Study of Headache.** San Diego. Fri-Sun. Contact: AASH, (619) 845-1720.
- June 12 and 14—**ACLS Instructor Course.** American Heart Association at San Leandro. Wed and Fri. 10 hrs. \$219.36. Contact: CPR Seminars, (510) 632-6135.
- June 25—**12 Lead EKG.** American Heart Association at San Leandro. Tues. 6 hrs. \$95. Contact: CPR Seminars, (510) 632-6135.
- July 10—**Pre-ACLS Workshop.** American Heart Association at San Leandro. Wed. 6 hrs. \$50-\$70. Contact: CPR Seminars, (510) 632-6135.
- July 19—**ACLS Recertification.** American Heart Association at San Francisco. Fri. 6 hrs. \$100.
- July 10 and 21—**ACLS Provider Course.** American Heart Association at San Francisco. 16 hrs. \$170. Contact: CPR Seminars, (510) 632-6135.
- August 8-11—**38th Annual Postgraduate Refresher Course—Reading Retreat.** USC at the Lodge at Koele, Lanai, Hawaii. Fri. 8 hrs. \$100. Contact: USC.
- August 11-17—**38th Annual Postgraduate Refresher Course.** USC at the Maui Westin Hotel, Maui, Hawaii. Mon-Fri. 28 hrs. \$590. Contact: USC.
- August 11-21—**38th Annual Postgraduate Refresher Course.** USC at the Maui Westin Hotel, Maui, and Marriott Hotel, Kauai, Hawaii. Mon-Wed. 80 hrs. \$640. Contact: USC.
- August 17-18—**PALS Certification.** American Heart Association at San Leandro. Sat-Sun. 14 hrs. \$250. Contact: CPR Seminars, (510) 632-6135.
- September 12 & 19—**Arrhythmia Recognition.** American Heart Association at San Leandro. Thurs. 10 hrs. \$120. Contact: CPR Seminars, (510) 632-6135.
- October 18—**ACLS Recertification.** American Heart Association at San Francisco. Fri. 6 hrs. \$100. Contact: CPR Seminars, (510) 632-6135.
- October 19-20—**ACLS Provider.** American Heart Association at San Francisco. Sat-Sun. 16 hrs. \$170. Contact: CPR Seminars, (510) 632-6135.

## HOME STUDY/SELF ASSESSMENT

- Audio-Digest Foundation.** California Medical Association. Contact: Audio-Digest Foundation, 1577 E Chevy Chase, Glendale 91206. (213) 245-8505.
- California Physicians' Legal Handbook Series.** California Medical Association. Contact: CMA, PO Box 7690, San Francisco 94120-7690. (800) 882-1262.

## COLORADO

This listing of continuing medical education programs in Colorado is compiled by the Denver Medical Society. To list CME programs here, please send information at least two months in advance to: Mr Robert L. Kennedy, Denver Medical Society, 1850 Williams Street, Denver, CO 80218; or telephone (303) 377-1850.

Brochures, course information, and registration forms are available from the contact person or organization.

- June 6-8—**National Stroke Meeting: The Clinical Aspects of Stroke Diagnosis and Treatment.** Medical Education Resources at Red Lion Hotel and Conference Center, Colorado Springs. Thurs-Sat. Contact: Jaclynna Williams, (303) 798-9683. FAX (303) 798-5731.
- June 16-22—**42nd Annual Family Practice Review.** University of Colorado Health Sciences Center at Estes Park. Sun-Sat. Contact: U of Colo.
- July 26-27—**Adenocarcinoma of the Prostate.** University of Colorado Health Sciences Center at Denver. Fri-Sat. Contact: U of Colo.

## CONTINUING MEDICAL EDUCATION

July 31-August 3—**Musculoskeletal Infection Society Open Annual Scientific Meeting.** University of Colorado Health Sciences Center at Snowmass Village, Snowmass. Wed-Sat. Contact: U of Colo.

August 4-9—**21st Annual Primary Musculoskeletal Care Conference.** University of Colorado Health Sciences Center at Breckenridge. Sun-Fri. Contact: U of Colo.

September 18-21—**Enhancing Quality and Value in Cardiovascular Care.** University of Colorado Health Sciences Center at Vail. Thurs-Sat. Contact: U of Colo.

October 28-November 1—**42nd Annual Family Practice Review (Repeat of June program).** University of Colorado Health Sciences Center at Denver. Mon-Fri. Contact: U of Colo.

December 6-7—**5th Update in Infectious Disease: Bugs and Drugs in the '90s.** University of Colorado Health Sciences Center at Denver. Fri-Sat. Contact: U of Colo.

Tuesday Noon Conferences—**Various Topics in Medicine.** Lutheran Medical Center, Wheat Ridge. Contact: Jean A. Kline, (303) 425-2951.

First Wednesday of Each Month—**Various Topics in Neurology.** Colorado Society of Clinical Neurologists. Contact: Colorado Society of Neurologists, (303) 449-3566.

Every Second Wednesday of the Month—**Cardiovascular Education Series.** St Anthony Hospital at St Anthony Hospital, Denver. Contact: Rose Powell, (303) 629-3678.

## CONTACT INFORMATION

U of Colo—Contact: University of Colorado Health Sciences Center, School of Medicine, Office of Continuing Medical Education, 4200 E 9th Ave, Denver 80262. (303) 372-9050 or (800) 882-9153; FAX (303) 372-9065.

## IDAHO

July 24-27—**Idaho Medical Association Annual Meeting.** Sun Valley. Contact: IMA, 305 W Jefferson, PO Box 2668, Boise 83701. (208) 344-7888.

## NEW MEXICO

Information, requests for accreditation, and items to be listed should be sent to the chair of the CME Committee, New Mexico Medical Society, 7770 Jefferson, Suite 400, Albuquerque, NM 87109, at least two months in advance. For information on CME accreditation or on the CME requirements of the New Mexico Board of Medical Examiners, please write to the above address or call (505) 828-0237.

NOTE: Course information in the following listing is subject to change on occasion. Check with the sponsoring institution for current details.

May 2-5—**1996 Southwest Allergy Forum.** Hilton of Santa Fe, Santa Fe. Thurs-Sun. Contact: UNM SOM.

July 8-11—**39th Ruidoso Family Practice Seminar.** Inn of the Mountain Gods, Ruidoso. Mon-Thurs. Contact: Ann Woodrow, CAE, NMAFP, 2309 Renard SE, Albuquerque 87106. (505) 243-4560.

July 11-14—**New Choices, New Challenges, Psychopharmacology in the Primary Care Setting.** La Fonda Hotel, Santa Fe. Thurs-Sun. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

July 24-28—**Podiatric Surgical Seminar.** Hotel Santa Fe, Santa Fe. Wed-Thurs. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

July 26-28—**How to Diagnose and Treat Arrhythmias for the Primary Care Physician.** Eldorado Hotel, Santa Fe. Fri-Sun. Contact: Megan Slane, Course Coordinator, New Mexico Heart Institute, 1001 Coal Ave SE, Albuquerque 87106. (505) 841-1000; (800) 715-6644. FAX (505) 224-7085.

August 2-4—**Practical Pediatrics.** La Fonda Hotel, Santa Fe. Fri-Sun. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

August 15-18—**Primary Care for the Aging Person.** Picacho Hotel, Santa Fe. Thurs-Sun. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

August 22-25—**Implementing Change in Patient Behavior and Clinical Practice.** Picacho Hotel, Santa Fe. Thurs-Sun. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

October 3-6—**Building "Virtual" Integrated Delivery Systems: Thriving in an Advanced Healthcare Market.** Pyramid Hotel, Albuquerque. Thurs-Sun. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

October 10-13—**The Managed Care Tool Box.** Pyramid Hotel, Albuquerque. Thurs-Sun. Contact: Lovelace Health Systems, National Seminar Coordinator, 5400 Gibson SE, Ed Bldg, 2nd Floor, Albuquerque 87108. (505) 262-3468. FAX (505) 262-3194.

October 25-26—**ECG Interpretation for the Primary Care Physician.** Journal Center, Albuquerque. Fri-Sat. Contact: Megan Slane, Course Coordinator, New Mexico Heart Institute, 1001 Coal Ave, SE, Albuquerque 87106. (505) 841-1000; (800) 715-6644. FAX (505) 224-7085.

## CONTACT INFORMATION

UNM SOM—University of New Mexico School of Medicine, Office of CME, PO Box 713, Albuquerque 87131. (505) 277-3942.

## UTAH

This listing of continuing medical education courses in Utah is compiled and edited by the CME office of the Utah Medical Association. All courses listed have been certified by CME accredited institutions as meeting the criteria for Category 1 of the Physician's Recognition Award of the American Medical Association. Accredited institutions wishing to list AMA Category 1 CME courses here should send information at least two months in advance to the Office of Continuing Medical Education, 540 East Fifth South, Salt Lake City, UT 84102; or phone (801) 355-7477. For information on CME accreditation, please write the CME office at the above address.

NOTE: Course information in the following listing is subject to change on occasion. Check with the sponsoring institution.

June 23-24—**Otolaryngology in the Intermountain West.** University Park Hotel, Salt Lake City. Sun-Mon. 5 hrs. \$50. Contact: UUSM.

July 13-20—**Update in Clinical Microbiology and Immunology.** Snow King Resort at Jackson Hole, Wyoming. Sat-Sat. 25 hrs. Contact: UUSM.

August 9-10—**Advanced Obstetrical Life Support.** University Park Hotel, Salt Lake City. 24 hrs. \$450. Contact: UUSM.

## CONTINUING MEDICAL EDUCATION

August 12-16—**Northwest Neuroradiology and Advanced MR Imaging Course.** Pan Pacific Hotel, Vancouver, British Columbia. Mon-Fri. 42 hrs. \$1,250. Contact: UUSM.

September 20—**Ophthalmology: Clinical Faculty Day.** Fri. 7 hrs. \$65. Contact: UUSM.

October 4-5—**Western Intermountain Neurological.** University Park Hotel, Salt Lake City. Fri-Sat. 12 hrs. \$75. Contact: UUSM.

October 7-9—**Preconference Workshop.** Mon-Wed. \$500. Limited to 15. Contact: UUSM.

October 10-13—**Intensive Interactive Head and Neck Imaging.** University Park Hotel, Salt Lake City. Thurs-Sun. 30 hrs. \$750. Contact: UUSM.

December 6-12—**Intensive MR Imaging and Neuroradiology.** Marriott Hotel, Salt Lake City. Fri-Thurs. 30 hrs. \$1,250. Contact: UUSM.

## MEDICAL GRAND ROUNDS

Weekly—**Grand Rounds in Internal Medicine, Psychiatry, OB/GYN, and Pediatrics.** Contact: UUSM.

Weekly—**Pediatric Grand Rounds.** Contact: PCMC.

### SPONSORS OF COURSES—ABBREVIATIONS

CH:	Castlevue Hospital, 300 N Hospital Dr, Price 84501. (801) 637-4800.
DM:	Dixie Medical Center, 544 S 400 East, St George 84770. (801) 634-4000.
ETS:	Emergency Training Services, 777 N 390 East, American Fork 84003. (801) 763-3555.
FHP:	FHP of Utah, 35 W Broadway, Salt Lake City 84101. (801) 355-1234.
ITS:	Intermountain Thoracic Society, 1616 S 11th East, Salt Lake City 84105. (801) 484-4456.
LDSH:	LDS Hospital, 8th Ave and "C" St, Salt Lake City 84143. (801) 321-1100.
LRH:	Logan Regional Hospital, 1400 N 5th East, Logan 84321. (801) 752-2050.
MDH:	McKay-Dee Hospital Center, 3939 Harrison Blvd, Ogden 84409. (801) 625-2694.
MVH:	Mountain View Hospital, 1000 E Highway 6, Payson 84651. (801) 465-9201.
OSS:	Ogden Surgical-Medical Society, PO Box 9311, Ogden 84409.
PCMC:	Primary Children's Medical Center, 100 N Medical Dr, Salt Lake City 84113. (801) 588-2000.
PVH:	Pioneer Valley Hospital, 3460 S 4155 West, West Valley City 84120. (801) 968-9061.
UANS:	Utah Association of Neurological Surgeons, 24 S 1100 East, Ste 302, Salt Lake City 84102. (801) 531-7806.
UMIA:	Utah Medical Insurance Association, 540 E 500 South, Salt Lake City 84102. (801) 531-0375.
UOS:	Utah Ophthalmological Society, 540 E 500 South, Salt Lake City 84102. (801) 355-7477.
USH:	Utah State Hospital, PO Box 270, Provo 84603-0270. (801) 373-4400.
UUSM:	University of Utah School of Medicine, Office of Continuing Medical Education, 50 N Medical Dr, Salt Lake City 84132. (801) 581-8664.
VAMC:	Veterans Affairs Medical Center, 500 Foothill Dr, Salt Lake City 84148. (801) 582-1565.

## WASHINGTON

The listing of continuing medical education programs in Washington state is compiled by the Washington State Medical Association. To list Category 1 programs here, please send information at least two months in advance to Continuing Medical Education, Washington State Medical Association, 2033 Sixth Avenue, Suite 1100, Seattle, WA 98121; or phone (206) 441-9762 or (800) 552-0612.

Brochures and registration forms are available from the contact person or organization listed at the end of each course or in the list of course sponsors and contact information.

May 2—**Pesticide Medicine.** Yakima. Thurs. Contact: NW Center for Occupational Health & Safety, (206) 543-1069.

May 5-8—**Congenital Heart Disease in the Adult.** Stevenson. Sun-Wed. Contact: American College of Cardiology, (800) 257-4739.

May 9—**Hypertension.** Seattle. Thurs. Contact: U/W.

May 16—**Women's Health Care.** Seattle. Thurs. Contact: Providence/Seattle Medical Center, (206) 320-2552.

May 31—**Infectious Diseases Update.** Seattle. Fri. Contact: U/W.

June 3-7—**Sampling & Evaluating Airborne Asbestos Dust.** Seattle. Mon-Fri. Contact: NW Center for Occupational Health & Safety. (206) 543-1069.

June 7—**Nuts, Bolts, and Innovation in Gastrointestinal Disease III.** Pierce County College of Medical Education, Tacoma. Fri. Contact: PCMS CME.

June 9-12—**Genome Information: Ethical Implications.** Seattle. Sun-Wed. Contact: U/W Medical History, (206) 616-1864.

June 12-14—**4th Annual Pacific Northwest Cardiovascular Symposium.** Seattle. Wed-Fri. Contact: Providence/Seattle Medical Center, (206) 320-2552.

June 20-21—**ACLS.** Pierce County College of Medical Education, Tacoma. Thurs-Fri. Contact: PCMS CME.

June 28—**Alzheimer's Disease.** Seattle. Fri. Contact: U/W.

June 28—**Cross Cultural Medicine: Healing and Communication in Diverse Cultures.** Tacoma. Fri. Contact: Multicare CME. (206) 552-1221.

July 12-13—**Orthopedic Traumatology.** Seattle. Fri-Sat. Contact: U/W.

### COURSE SPONSORS AND CONTACT INFORMATION

CME HARBORVIEW—Contact: Gayle Splater, Cytology Continuing Education, Dept. of Pathology, Harborview Medical Center, 325 Ninth Ave, Seattle, WA 98104. (206) 223-5953.

PCMS CME—Contact: Executive Director, College of Medical Education, 705 S Ninth, No. 203, Tacoma, WA 98405. (206) 627-7137.

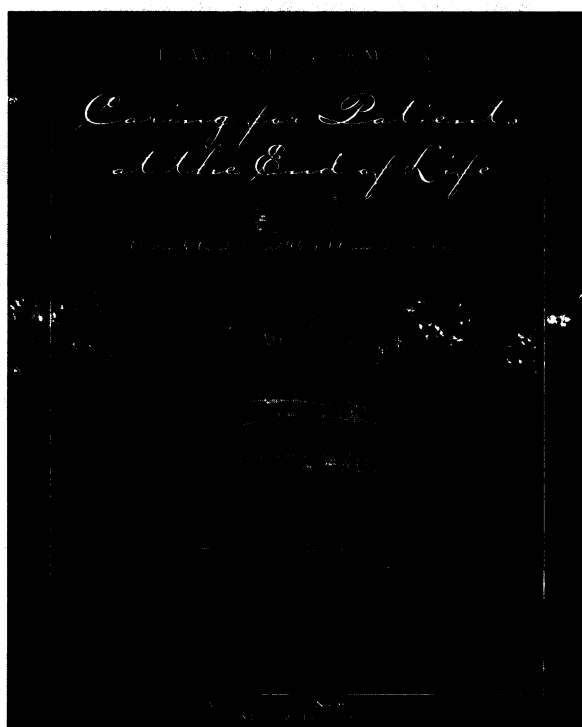
U/W (UNIVERSITY OF WASHINGTON)—Contact: U/W School of Medicine, Div. of CME, SC-50, Seattle, WA 98195. (206) 543-1050.

VMMC (VIRGINIA MASON MEDICAL CENTER)—Contact: Linda Orgel, Division of Continuing Medical Education, Virginia Mason Medical Center, PO Box 900, Seattle, WA 98111. (206) 340-2058.

WSMA—Washington State Medical Association, Continuing Medical Education, 2033 Sixth Ave, Ste 1100, Seattle, WA 98121. (206) 441-9762.

## WYOMING

June 6-8—**Wyoming Medical Society Annual Meeting.** Jackson Lake Lodge, Moran. Contact: WMS, PO Drawer 4009, Cheyenne 82003-4009.



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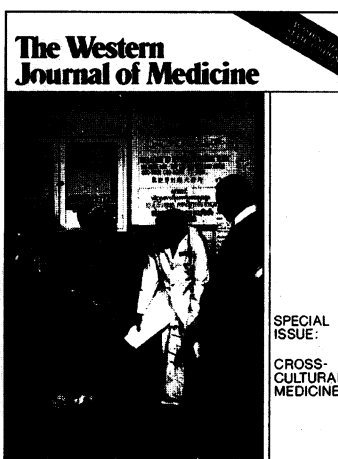
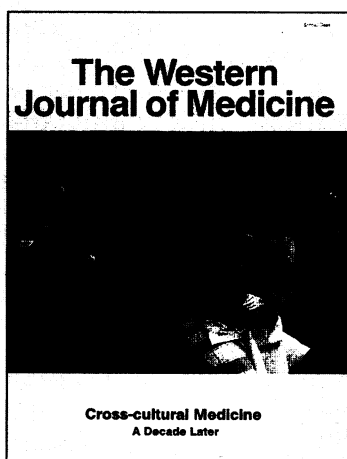
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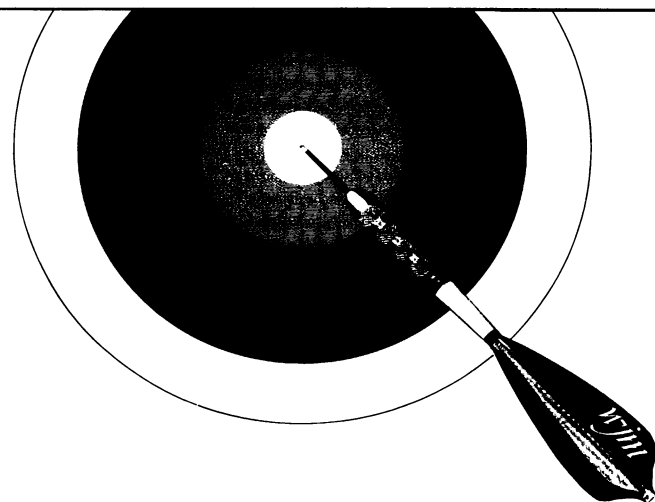
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## Manuscript Information

Manuscripts should be sent to the Editor, Linda Hawes Clever, MD, *The Western Journal of Medicine*, 221 Main Street, San Francisco, California 94105. Manuscripts must be original, not previously published, and not under consideration by another publisher. If preliminary data were included in another presentation or publication, this should be noted in the cover letter and a copy of that publication should be included. Any conflict of interest, actual or potential, should be revealed to the Editors (see Letter of Transmittal).

Manuscripts should not exceed 3,000 words (15 double-spaced pages). Case Reports, Alerts, and Notices should not exceed 1,500 words. Lessons From the Practice should not exceed 1,000 words.

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Figures (illustrations) should be submitted in triplicate in black and white, unmounted 12.7 × 17.8 cm (5 × 7 in) glossy prints, with the figure number, author's name, and top of the photo indicated with a label on the back.

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## Journal Articles

Abbreviations of journal titles should conform to those used in *Index Medicus*. List up to six authors; for seven or more, use *et al* after listing the first three.

1. Berman SM, Shah B, Wyle FA, Dacosta-Iyer M, McRae DM: Disseminated *Pneumocystis carinii* in a patient receiving aerosolized pentamidine prophylaxis. *West J Med* 1990; 153:82-86

2. Jones JS, Anderson HW Jr, Johnson DW, et al: The athletic heart revisited—Sudden death of a 28-year-old athlete. *JAMA* 1978; 292:444-456

## Books

3. Berne EJ: Role playing in therapy, chap 2, *Principles of Group Therapy*. New York, NY, Oxford University Press 1966, pp 35-51 [author of book is same as author of chapter]

4. Munsung JD: The role of drugs, chap 2, *In* Brest AN, Mayer JD (Eds): *Hypertension—Vol 3, Therapy*, 2nd Edition. Chicago, Ill, Year Book Medical Publishers, 1961, pp 456-479 [authors of book differ from chapter author]

## Correspondence

5. Shusterman D: Espresso maker's wrist (Correspondence). *West J Med* 1990; 152:721-722

## Government Publications

6. The Health Consequences of Smoking—Cardiovascular Disease: A Report of the Surgeon General. Washington, DC, US Dept of Health and Human Services publication No. (PHS) 84-50204, 1983

7. Centers for Disease Control: Update: Acquired immunodeficiency syndrome—United States. *MMWR* 1987; 36:522-526

## Proceedings

8. O'Connell M: A Controlled Trial of Regional Intraarterial FUDR Versus Systemic 5FU for the Treatment of Metastatic Colorectal Cancer Confined to the Liver. Presented at the annual meeting of the American Society of Clinical Oncology, San Francisco, December 1989

## Mass Circulation Publications (Do not include in reference list; put in text)

(T. Harris, "Selenium-Rich Sediments Also Have Been Reported in Wildlife Refuges," *The Sacramento Bee*, September 8, 1985, p 5)

## Personal Communications and Unpublished Data

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Lyme disease has been reported in red squirrels (J. Sneed, PhD, Department of Wildlife, written communication, September 1990).

# ABSTRACTS APRIL 1996

**(Barrie W: Cost-effective therapy for hypertension. West J Med 1996; 164: 303-309)**

The costs of treating hypertension are out of control. The Joint National Committee on the Detection, Evaluation, and Treatment of High Blood Pressure and others recommend the use of diuretics and  $\beta$ -blockers as first-line agents. Newer drugs such as calcium channel blockers,  $\alpha$ -blockers, and angiotensin-converting-enzyme inhibitors have improved metabolic profiles, but have not been proved in long-term, randomized, controlled trials to reduce morbidity and mortality. Our General Medicine Clinic has gradually shifted toward prescribing the newer agents. We reviewed our drug use, evaluated the literature, and made recommendations in the form of guidelines. Clinicians' concerns included quality-of-life issues, sexual dysfunction, metabolic changes—lipids, potassium, insulin resistance—and others. These concerns were addressed, and a consensus was reached. Our goal is to streamline therapy, reduce costs, and provide proven effective medication.

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